



My Motivation by Melis Ela

[Verse 1]

I want to lose _____, feel so _____,
Every day I try, it's never too _____.
I'll go on a _____, choose healthy _____,
Fresh _____ and _____, they change my _____.

[Chorus]

Cut down on _____, cut down on _____,
Drink more _____, feel _____.
No midnight _____, I'll sleep just _____,
My _____ grows over _____.

[Verse 2]

Step by _____, I'll walk each _____,
I'll move my _____ in a fun new _____.
I'll cook at _____, keep portions _____,
Little by _____, I'll reach my _____.

[Bridge]

Sometimes I feel like giving _____,
But I remember why I _____.
Healthy _____ make me _____,
I'll keep _____ this song all day _____.



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