



Stay Healthy! by Aylin Skye

Head, shoulders, _____ and _____,
We all have _____ that need care, you _____.
If you feel a _____ coming on,
Take a _____, don't push too long.

[Chorus]

Stay _____, stay strong,
We should do _____, not do _____.
Drink lots of _____, sleep on _____,
Then you'll feel better, feeling so _____!

If your _____ aches, let's fix it fast,
Visit the _____, the pain won't _____.
Eat _____ and _____ every day,
That's the best way to keep _____ away.

[Bridge]

You should _____ your hands, you shouldn't skip _____,
A _____ diet and rest help you _____.
A _____ or cold might come and go,
But _____ habits help you grow!



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